STICKING WITH IT

National Numeracy
Getting on with numbers

We use maths and number every day, often without realising it. From using money, to following recipes, to planning a journey, numbers play a big part in our lives.

Getting better at maths isn't a special talent, it's something we can all do.

Try thinking about maths as if it were any other skill, such as learning a new sport, musical instrument, learning to drive or reaching a new level on a game. With these things, we don't expect to be great straight away – we know it will take time to learn, and we will make mistakes along the way. So why would maths be any different?

Talk with your family

Talk to your family about times where you've each found learning something new hard, but you've kept going.



This might be when you learned a new skill like drawing or swimming, or worked to achieve something like the next music or sports grade.



- How did you keep going when it was hard?
- Did it help to break it down into small goals?
- How did it feel when you knew you were starting to improve?

We can use the same approach to maths and numbers! Maths is just like any other skill.

What did you learn?

What would you tell someone who was struggling with something tricky and was about to give up?

What will you think the next time you find something hard in maths?

Student comments:

Parent/ carer comments:

